



VIBES YOGA & FITNESS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT VIBE5 5:45-6:45a	BOOTCAMP 5:45-6:30a	HOT VIBE5 5:45-6:45a	BOOTCAMP 5:45-6:30a	HOT VIBE5 5:45-6:45a	HOT VIBE5 8:00-9:00a	WARM VIBE5 8:00-9:00a
STRONG VIBE5 8:15-9:15a	HOT VIBE5 8:15-9:15a	STRONG VIBE5 8:15-9:15a	HOT VIBE5 8:15-9:15a	STRONG VIBE5 8:15-9:15a	STRONG VIBE5 9:30-10:30a	HOT VIBE5 9:30-10:30a
HOT SLOW VIBE5 9:30-10:30a	STRONG VIBE5 9:30-10:30a	HOT VIBE5 9:30-10:30a	STRONG VIBE5 9:30-10:30a	HOT SLOW VIBE5 9:30-10:30a	HOT VIBE5 10:45-11:45a	HOT VIBE5 11:00-12:00p
STRONG VIBE5 10:45-11:45a	HOT SLOW VIBE5 10:45-11:45a	HOT VIBE5 10:45-11:45a	HOT SLOW VIBE5 10:45-11:45a	STRONG VIBE5 10:45-11:45a	BOOTCAMP 12:00-12:45p	HOT VIBE5 12:30-1:30p
WARM VIBE5 12:15-1:00p	BOOTCAMP 12:15-1:00p	WARM VIBE5 12:15-1:00p	BOOTCAMP 12:15-1:00p	WARM VIBE5 12:15-1:00p	FUNDAMENTALS 1:00-2:00p	
STRONG VIBE5 4:30-5:30p	HOT VIBE5 4:30-5:30p	STRONG VIBE5 4:30-5:30p	HOT VIBE5 4:30-5:30p	STRONG VIBE5 4:30-5:30p	NEW VIBE5 2:15-3:15p	HOT VIBE5 4:30-5:30p
HOT VIBE5 5:45-6:45p	HOT VIBE5 5:45-6:45p	HOT VIBE5 5:45-6:45p	HOT VIBE5 5:45-6:45p	HOT VIBE5 5:45-6:45p	HOT VIBE5 3:30-4:30p	DEEP VIBE5 5:45-6:45p
HOT VIBE5 7:00-8:00p	NEW VIBE5 7:00-8:00p	DEEP VIBE5 7:00-8:00p	NEW VIBE5 7:00-8:00p	follow us:  @vibe5fitness  @vibe5fitness		